

# 12<sup>th</sup> LISBON SUMMER MEETING

5<sup>th</sup> and 6<sup>th</sup> of JULY 2019  
CENTRO CULTURAL DE BELÉM

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CENTRO CULTURAL DE BELÉM

## Scientific Co-Directors



Rui Cruz Ferreira  
Hospital de Santa Marta, Lisboa



Marco Costa  
University Hospitals, Cleveland

## Scientific Organizing Committee

Chair: Mário Oliveira, PhD  
Ana Teresa Timóteo, PhD  
António Fiarresga, PhD  
Ana Galrinho, MD

## Workshops

Long term follow-up problems in coronary heart disease

ConViver com Insuficiência Cardíaca  
I Workshop para utentes com Insuficiência cardíaca

Colaboração:



## Secretariat



Rua Cidade de Bissau, 53C – 30.0.1  
1800-075 Lisboa - Portugal  
Tel. +351 214 164 710

Registrations: [summermeeting@cast.pt](mailto:summermeeting@cast.pt)

## Venue

**Centro Cultural de Belém**  
Praça do Império  
1449-003 Lisboa, Portugal  
Tel. +351 213 612 400

## Sponsors

- Abbott Medical
- Amgen
- AstraZeneca
- Bayer
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- Boehringer Ingelheim
- Boston Scientific
- Bristol-Myers Squibb / Pfizer
- Cordis / CardinalHealth
- Daiichi Sankyo
- GE Healthcare
- Medtronic
- Microport CRM
- Novartis Farma
- Philips / Volcano
- Terumo

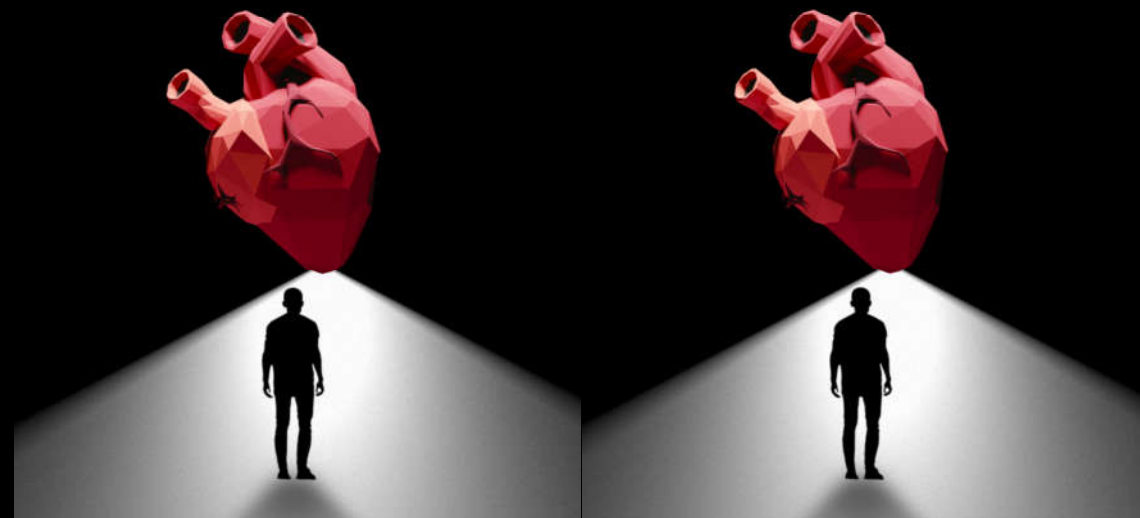
## Scientific Co-Directors:



Rui Cruz Ferreira  
Santa Marta Hospital, Lisbon



Marco Costa  
University Hospitals, Cleveland



Changing the Landscape of  
Cardiovascular Secondary Prevention

# PROGRAM

**Friday, 5<sup>th</sup> of July 2019**  
**Room Sofia de Mello Breyner**

**09:00** Abertura do Secretariado, Inscrições e Documentação  
Opening of the Secretariat, Registrations, Documentation

**09:30** DIFFERENT STRATEGIES TO REDUCE NEW EVENTS  
AFTER ACUTE CORONARY SYNDROMES

Chairpersons:  
Carlos Aguiar, *H. Santa Cruz, CHLO*  
Carlos Rabaçal, *H. Vila Franca de Xira*

**09:45** Literacy and exercise promotion:  
Cardiac rehabilitation

Pedro Rio, *H. Santa Marta, CHULC*

**10:10** New antidiislipidemic agents

Carlos Aguiar, *H. Santa Cruz, CHLO*

**10:25** Anti-inflammatory agents. A new pathway?

Tiago Pereira da Silva, *H. Santa Marta, CHULC*

**10:45** Antiplatelet agents after the first year:  
PEGASUS strategy

José Loureiro, *H. Fernando Fonseca*

**11:15-11:45** Intervalo para Café / Coffee Break

**11:45** SUMMING UP AND DISCUSSION

*How far can we reduce new cardiovascular events?*  
*How to select different strategies to different patients?*  
Luis Morais, *H. Santa Marta, CHULC*

**13:00-14:30** Almoço / Lunch

**14:30** OPENING SESSION

*Opening session and president's address*

Conference

Speaker:  
Marco Costa, *University Hospitals , Cleveland*



**Friday, 5<sup>th</sup> of July 2019**  
**Room Sofia de Mello Breyner**

**15:30** CARDIAC IMPLANTABLE ELECTRONIC DEVICES  
IN HEART FAILURE  
IMPLANTABLE DEVICES THERAPY IN THE  
MANAGEMENT OF ADVANCED HEART FAILURE

Chairpersons:  
Mauro Biffi, *Policlinico S. Orsola-Malphigi, University of Bologna*  
Mário Oliveira, *H. Santa Marta, CHULC*

Preventing sudden cardiac death  
Recent advances in ICD therapy

Pedro Silva Cunha, *H. Santa Marta, CHULC*

Cardiac resynchronization therapy  
Quadripolar leads, leadless pacemaker for left  
ventricle or His-bundle pacing?

Mauro Biffi, *Policlinico S. Orsola-Malphigi, University of Bologna*

Autonomic modulation or contractility  
modulation therapy?

Francisco Morgado, *H. Santa Cruz, CHLO*

Using left ventricular assist devices

Pedro Coelho, *H. Santa Marta, CHULC*

Discussion Panel

Miguel Ventura, *H. Universitário de Coimbra, CHUC*  
Nuno Cabanelas, *H. Fernando Fonseca*  
Luís Santos, *H. S. Teotónio*

**17:00-17:30** Intervalo para Café / Coffee Break

**17:30** CONFERENCE: SUDDEN CARDIAC DEATH  
A CONTINUING CLINICAL CHALLENGE

President:  
João Primo, *C.H.V.N. Gaia*

Speaker:  
Pedro Brugada, *Heart Rhythm Management Centre  
Universitair Ziekenhuis, Brussels*

**18:30** BOOK LAUNCHING CEREMONY

*Book Presentation*

“Presente e Futuro da Fibrilhação Auricular”

Coordinator:  
Carlos Aguiar, *H. Santa Cruz, CHLO*

Presentation:  
Pedro Marques da Silva, *H. Santa Marta, CHULC*

*Launching of the Publication*

“Guia Prático- Protocolos Terapêuticos  
de Insuficiência Cardíaca”

Coordinator:  
Rui Cruz Ferreira, *H. Santa Marta, CHULC*

Presentation:  
Ana Teresa Timóteo, *H. Santa Marta, CHULC*

**Saturday, 6<sup>th</sup> of July 2019**  
**Room Sofia de Mello Breyner**

**09:00** Abertura do Secretariado, Inscrições e Documentação  
Opening of the Secretariat, Registrations, Documentation

**09:30** CONFERENCE: VASCULAR PROTECTION  
TRANSLATING EVIDENCE INTO CLINICAL PRACTICE  
IN CAD PATIENTS

Chairperson:  
António Fiarresga, *H. Santa Marta, CHULC*

Speaker:

Martin Cowie, *Faculty of Medicine, National Heart & Lung  
Institute, Imperial College London,  
United Kingdom*

**10:15** CONFERENCE: NEPHROPATHY INDUCED BY  
IODINATED CONTRASTS - MYTH OR REALITY?

Chairperson:  
Duarte Cacela, *H. Santa Marta, CHULC*

Speaker:

Angel de Francisco, *Marqués de Valdecilla University  
Hospital, Cantabria University,  
Santander, Spain*

**10:45** CONFERENCE: THE NEW ANTI-DIABETIC AGENTS  
WHAT CAN WE EXPECT?

Chairperson:  
Ana Teresa Timóteo, *H. Santa Marta, CHULC*

Speaker:

Pedro Matos, *H. da CUF Infante Santo*

**11:15-11:30** Intervalo para Café / Coffee Break

**11:30-13:30** WORKSHOP: LONG TERM FOLLOW-UP  
PROBLEMS IN CORONARY HEART DISEASE  
A MULTIDISCIPLINARY TASK

Chairpersons:  
A. Mario Santos, *H. Santa Marta, CHULC*  
Rui Cruz Ferreira, *H. Santa Marta, CHULC*

The very old patient special needs

Miguel Toscano Rico, *H. Santa Marta, CHULC*

Anti-platelet therapy in Atrial Fibrillation

Guilherme Portugal, *H. Santa Marta, CHULC*

Renal failure and pharmacological therapy

Afonso Rodrigues, *H. Santa Marta, CHULC*

Problems with mandatory DAPT suspension after  
stenting. Are all the stents equivalent?

Inês Rodrigues, *H. Santa Marta, CHULC*

Ischemic Heart Disease with Heart Failure

António Gonçalves, *H. Santa Marta, CHULC*

*Final Summing Up and Take Home Messages*

**13:30-15:00** Almoço / Lunch

**Saturday, 6<sup>th</sup> of July 2019**  
**Room Fernando Pessoa**

**09:30** CONVIVER COM INSUFICIÊNCIA CARDÍACA  
I WORKSHOP PARA UTENTES COM  
INSUFICIÊNCIA CARDÍACA

SESSÃO DE ABERTURA

Rui Cruz Ferreira, *Director de Serviço de Cardiologia  
H. Santa Marta, CHULC*

**09:45** Gestão e compreensão da doença crónica

Moderadores:

João Alves, *H. Santa Marta, CHULC*  
Sofia Barquinha, *H. Santa Marta, CHULC*

Compreensão da fisiopatologia da IC, sinais e  
sintomas, evolução e medidas terapêuticas

Ana Teresa Timóteo, *Coordenadora Hospitalar para a  
Insuficiência Cardíaca,  
H. Santa Marta, CHULC*

O peso de gerir doença crónica e seu impacto negativo  
na qualidade de vida, gestão de hábitos tóxicos

Nélia Silva, *Coordenadora da Unidade de Psicologia Clínica  
H. Santa Marta, CHULC*

Educação para a Saúde

Miguel Trindade, *H. Santa Marta, CHULC*

**10:45-11:15** Reabilitar no cuidar

*A importância do exercício físico*

Vitor Ferreira, *H. Santa Marta, CHULC*  
*Aula Prática*

**11:15-11:30** Intervalo para Café / Coffee Break

**11:30** ConViver com Insuficiência Cardíaca:  
Relatos na 1ª pessoa

Moderadores:

João Alves, *H. Santa Marta, CHULC*  
Sofia Barquinha, *H. Santa Marta, CHULC*

Painel de Discussão:

Ana Teresa Timóteo, *H. Santa Marta, CHULC*  
Nélia Silva, *H. Santa Marta, CHULC*  
Inês Espírito Santo, *H. Santa Marta, CHULC*  
Rosa Espírito Santo, *H. Santa Marta, CHULC*

**12:15** O que comer, como comer, como fazer!

*Alimentação saudável*

Rosa Espírito Santo, *Nutricionista, H. Santa Marta, CHULC*  
*Aprender para fazer*  
*Demonstração pelo Chef Carlos Madeira*

**13:00** Associação Portuguesa de Doentes com  
Insuficiência Cardíaca

**13:15** Sessão de Encerramento

**13:30-15:00** Almoço / Lunch